

Healing From Post-Traumatic Stress By Monique Lang

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Monique Lang, author of Healing From Post-Traumatic Stress and coauthor of Journey to Wholeness, has been a staff counselor at Omega Institute since 1998.

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Posttraumatic stress disorder [note 1] (PTSD) may develop after a person is exposed to one or more traumatic events, such as major stress, sexual assault, terrorism

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Monique Lang Healing from Post-Traumatic Stress Language: English Pages: 224 Publisher: McGraw-Hill; 1 edition (June 14, 2007) ISBN: 978-0071494229

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In her discussion of Post-Traumatic Stress Disorder (PTSD), Vercillo refers to Monique Lang, though, Crochet Saved My Life is a worthwhile read.

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Mcgraw-hill: healing from post-traumatic stress :

Healing from Post-Traumatic Stress. A proven recovery program for survivors of all types of trauma, Monique Lang has worked with a wide range of trauma survivors;

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Healing from Post Traumatic Stress: A workbook for Recovery McGraw Hill January 2007. A workbook for people who have survived a traumatic event (or events)

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Monique lang, psychotherapist in new york, 10001

Monique Lang LCSW. Profession(s): Infidelity / Affair Recovery; Irritability; Post Partum Depression; Post Traumatic Stress / Trauma;

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