

Acupressure For Emotional Healing: A Self-Care Guide For Trauma, Stress, & Common Emotional Imbalances

By Michael Reed Gach Ph.D.;Beth Ann Henning Dipl. A.B

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Michael Reed Gach, PhD, Dipl ABT, founded the Acupressure Institute in 1976, one of the leading international training schools in Asian bodywork.

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